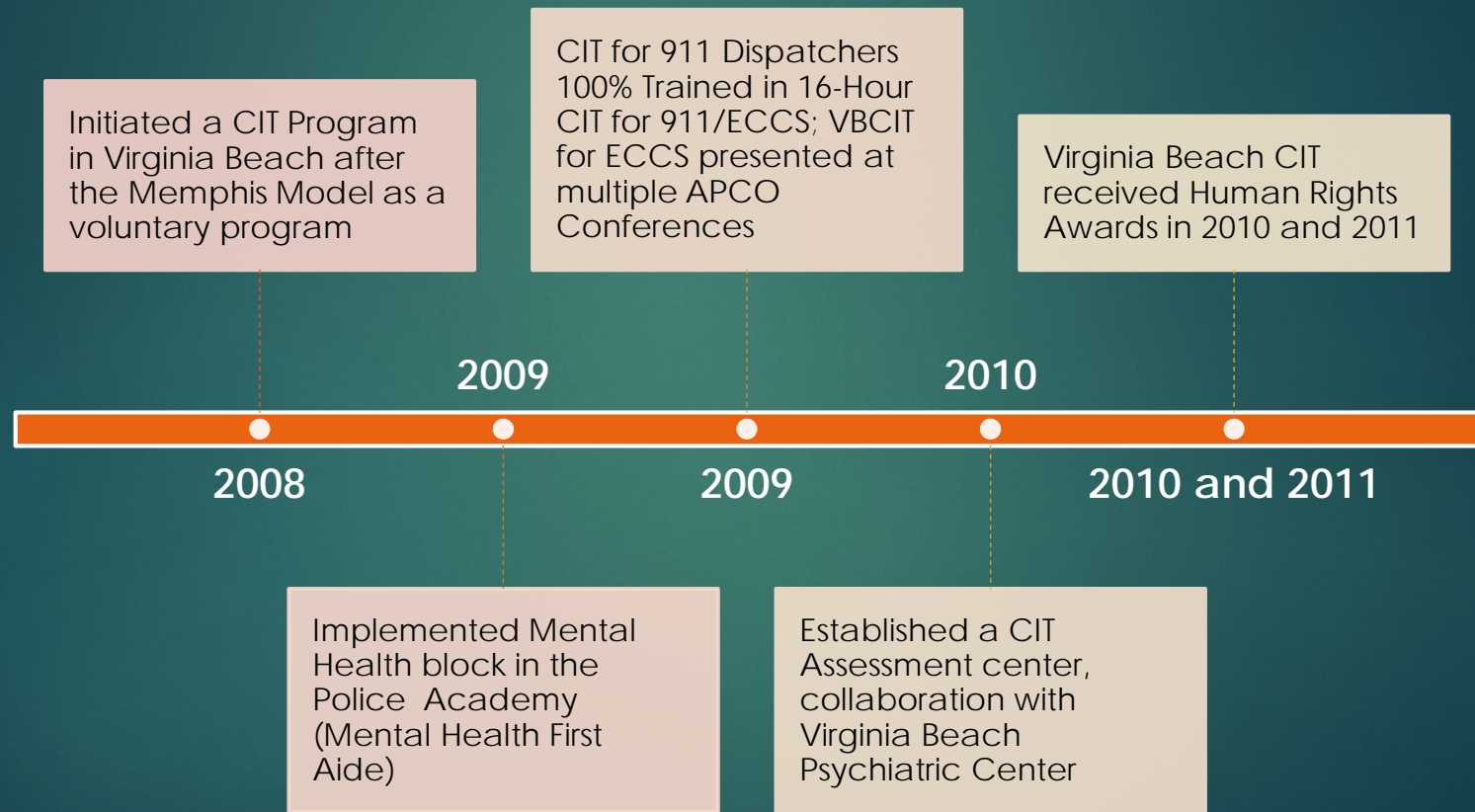




The Growth and Development of Virginia Beach CIT presented to the Public Guardianship Program

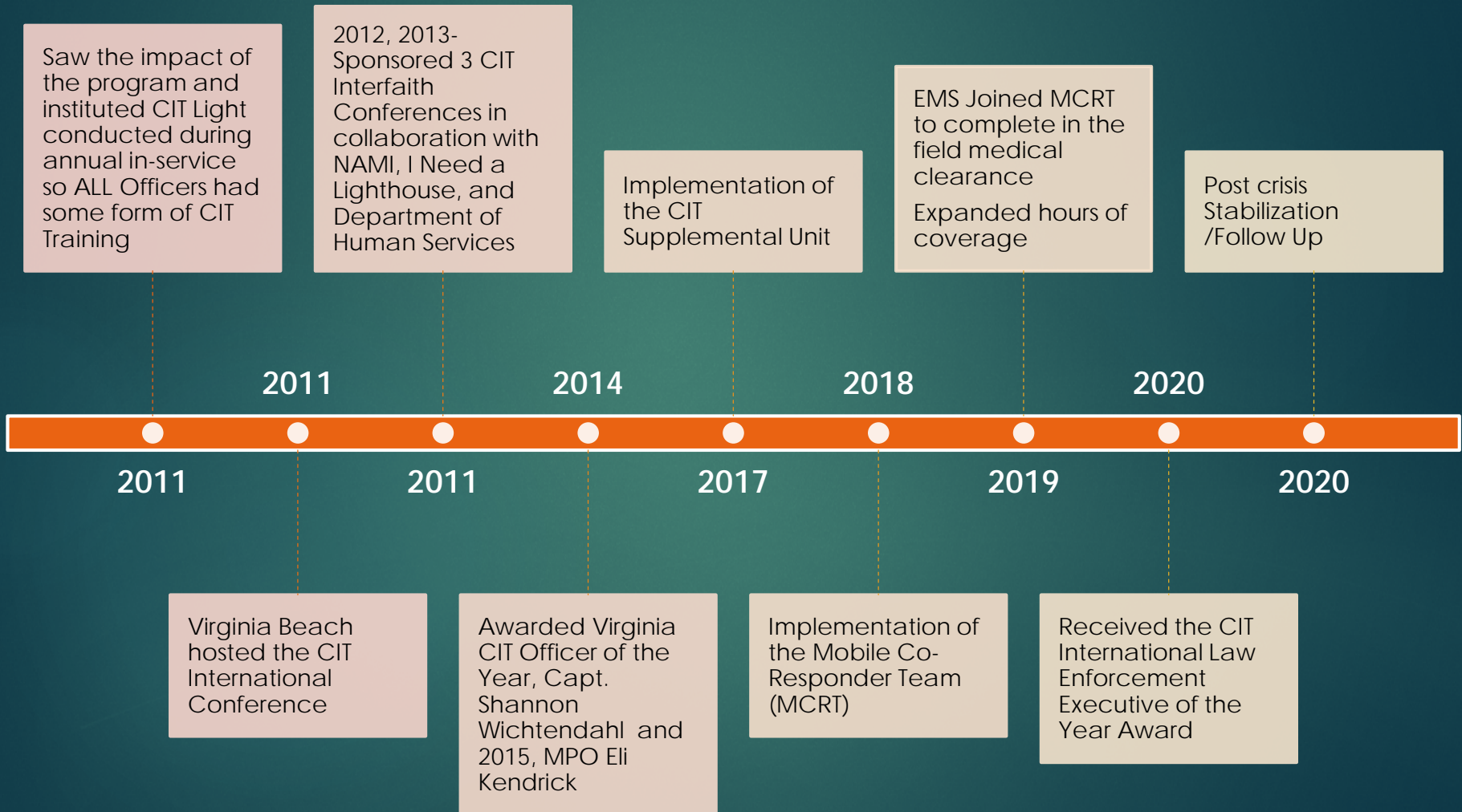
VB CIT Growth and Development

2



Continued Growth

3



VBPD CIT Trained

- ▶ Conduct 4 - 40 Hour CIT classes a year and have hosted other jurisdictions including but not limited to VBPD, VBSO, HRRJ, State Police, Probation and Parole, VBAC and many more
- ▶ Mentor other programs – Norfolk PD, Portsmouth PD, Regent University PD, FIRE, VB – EMS, VB ECCS
- ▶ CIT Officers, Deputies, and 911 Dispatchers have presented at multiple CIT International Conferences
- ▶ Hosted 5, state wide, 8-Hour CIT Advanced Trainings
- ▶ Approximately 400 Officers have been trained in CIT 40 on our department.
- ▶ SWAT, Hostage Negotiators, SRO's, Warrants and OCOP Units, Trained in CIT 40 (One of the first in the Nation)
- ▶ All 782 Officers have been trained in some form of CIT awareness and recognition.

By the Numbers

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Virginia Beach Police Department
CIT Call Type - Summary
October 4, 2019 - October 4, 2020

	1st Precinct	2nd Precinct	3rd Precinct	4th Precinct
Calls for Service	33,724	38,952	39,870	38,815
CIT Calls*	595	804	666	754
Percentage CIT of Total	1.76%	2.06%	1.67%	1.94%

	1st Precinct	2nd Precinct	3rd Precinct	4th Precinct
Total CFS Officer Time	30833 Hours 2 Minutes	35324 Hours 50 Minutes	34093 Hours 50 Minutes	35142 Hours 20 Minutes
Total CIT* Officer Time	3661 Hours 12 Minutes	4253 Hours 16 Minutes	3587 Hours 26 Minutes	3652 Hours 24 Minutes
Percentage CIT of Total	11.87%	12.04%	10.52%	10.39%

By the Numbers continued

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**Virginia Beach Police Department
Calls for Service - Details
CIT Call Types
October 4, 2019 - October 4, 2020**

	Total Calls	Total Call Time	Average Call Time
1st Precinct	595	1797 Hours 7 Minutes	3 Hours 1 Minutes
CRISIS INTERVENTION EVENT	213	543 Hours 12 Minutes	2 Hours 33 Minutes
SUICIDE ATTEMPT	253	459 Hours 25 Minutes	1 Hours 49 Minutes
EMERGENCY CUSTODY ORDER	56	349 Hours 44 Minutes	6 Hours 15 Minutes
TEMPORARY DETENTION ORDER	73	444 Hours 46 Minutes	6 Hours 6 Minutes
2nd Precinct	804	2715 Hours 49 Minutes	3 Hours 23 Minutes
CRISIS INTERVENTION EVENT	241	555 Hours 8 Minutes	2 Hours 18 Minutes
SUICIDE ATTEMPT	263	446 Hours 3 Minutes	1 Hours 42 Minutes
EMERGENCY CUSTODY ORDER	86	669 Hours 30 Minutes	7 Hours 47 Minutes
TEMPORARY DETENTION ORDER	214	1045 Hours 7 Minutes	4 Hours 53 Minutes
3rd Precinct	666	2276 Hours 26 Minutes	3 Hours 25 Minutes
CRISIS INTERVENTION EVENT	244	761 Hours 14 Minutes	3 Hours 7 Minutes
SUICIDE ATTEMPT	294	550 Hours 56 Minutes	1 Hours 52 Minutes
EMERGENCY CUSTODY ORDER	55	385 Hours 30 Minutes	7 Hours 1 Minutes
TEMPORARY DETENTION ORDER	73	578 Hours 46 Minutes	7 Hours 56 Minutes
4th Precinct	754	2065 Hours 8 Minutes	2 Hours 44 Minutes
CRISIS INTERVENTION EVENT	263	535 Hours 58 Minutes	2 Hours 2 Minutes
SUICIDE ATTEMPT	370	613 Hours 38 Minutes	1 Hours 40 Minutes
EMERGENCY CUSTODY ORDER	61	458 Hours 13 Minutes	7 Hours 31 Minutes
TEMPORARY DETENTION ORDER	60	457 Hours 19 Minutes	7 Hours 37 Minutes
Detective Bureau	45	601 Hours 19 Minutes	13 Hours 22 Minutes
CRISIS INTERVENTION EVENT	5	108 Hours 44 Minutes	21 Hours 45 Minutes
SUICIDE ATTEMPT	9	81 Hours 42 Minutes	9 Hours 5 Minutes
EMERGENCY CUSTODY ORDER	9	142 Hours 4 Minutes	15 Hours 47 Minutes
TEMPORARY DETENTION ORDER	22	268 Hours 49 Minutes	12 Hours 13 Minutes
Special Operations	1	1 Hours 35 Minutes	1 Hours 35 Minutes
CRISIS INTERVENTION EVENT	1	1 Hours 35 Minutes	1 Hours 35 Minutes
CAR 90 Units	432	2502 Hours 27 Minutes	5 Hours 48 Minutes
CRISIS INTERVENTION EVENT	101	590 Hours 1 Minutes	5 Hours 51 Minutes
SUICIDE ATTEMPT	103	374 Hours 24 Minutes	3 Hours 38 Minutes
EMERGENCY CUSTODY ORDER	56	434 Hours 49 Minutes	7 Hours 46 Minutes
TEMPORARY DETENTION ORDER	172	1103 Hours 14 Minutes	6 Hours 25 Minutes
Special Investigations	1	0 Hours 0 Minutes	0 Hours 0 Minutes
CRISIS INTERVENTION EVENT	1	0 Hours 0 Minutes	0 Hours 0 Minutes
Crime Reporting Unit	1	1 Hours 44 Minutes	1 Hours 44 Minutes
CRISIS INTERVENTION EVENT	1	1 Hours 44 Minutes	1 Hours 44 Minutes
Grand Total	3299	11961 Hours 34 Minutes	3 Hours 38 Minutes

Continued Advancements

- ▶ 2017- Implementation of the CIT Supplemental Unit
 - ▶ The purpose of this Unit is to improve VBPD response to citizens living with mental health issues who are in crisis or citizens without a MH diagnosis but may be in crisis.
- ▶ Officers working this detail will free up regularly assigned patrol officers to answer other calls for service.
- ▶ Building better working relationships between VBPD and other community stakeholders such as Emergency Services, families of individuals in crisis, and the community at large.

Continued advancements

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- ▶ 2018- Implementation of the Mobile Co-Responder Team (MCRT)
 - ▶ In service to those who live with mental health or other issues that result in a behavioral crisis, the Mobile Co-Response Team provides a expedited response to the scene, ensures safety, makes an accurate and compassionate assessment of needs, develops a plan to accomplish treatment, screens the individual in crisis as required, and expedites the transportation of the individual in crisis to a treatment facility.
 - ▶ This unit has proven to be extremely effective with a **72%** success rate in the reduction of recidivism



MCRT by the numbers

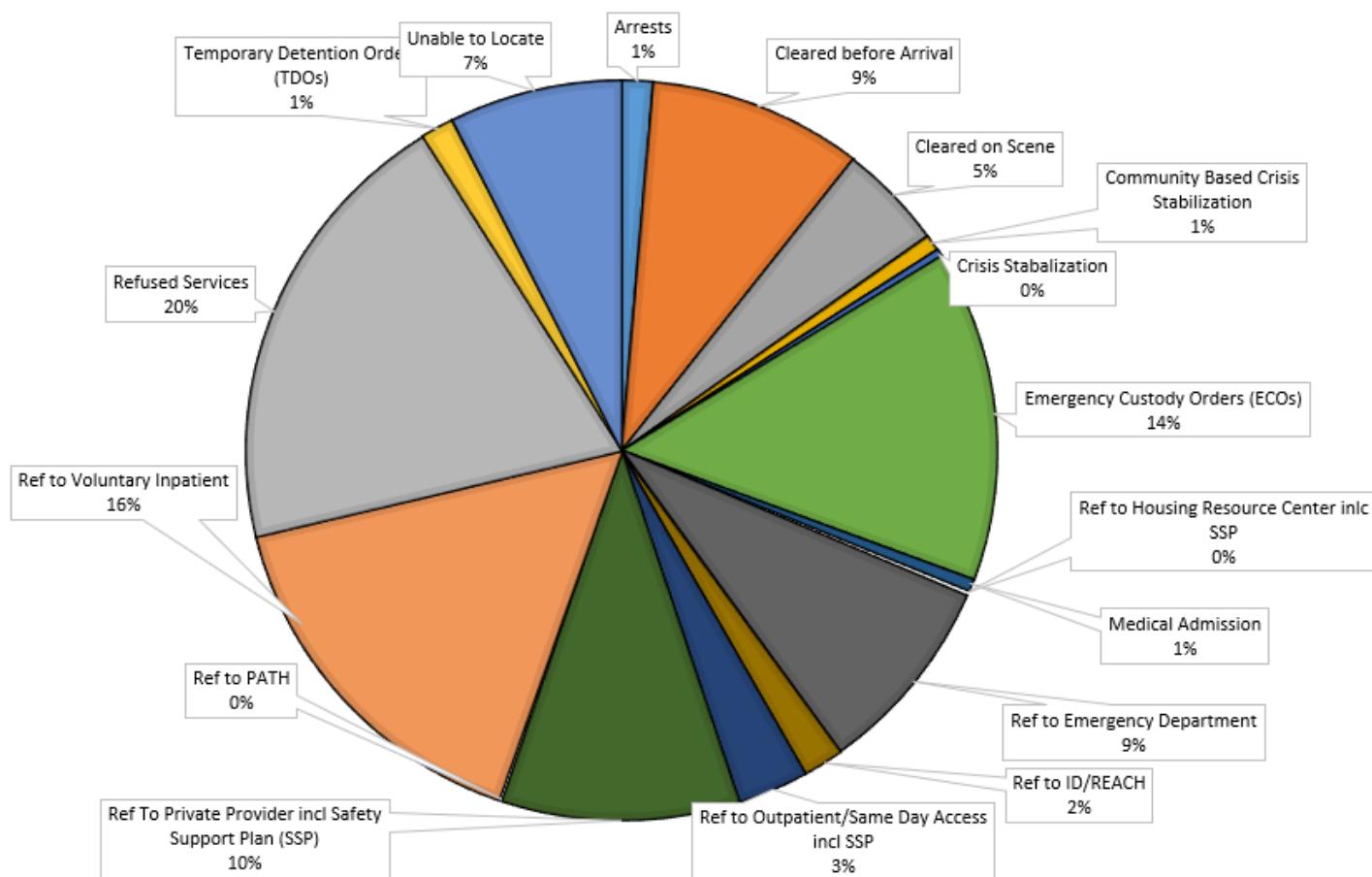
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Mobile Co-Response Team Data	
Final Disposition	Totals
Arrests	15
Cleared before Arrival	103
Cleared on Scene	51
Community Based Crisis Stabilization	8
Crisis Stabalization	4
Emergency Custody Orders (ECOs)	161
Medical Admission	6
Ref to Housing Resource Center incl SSP	3
Ref to Emergency Department	97
Ref to ID/REACH	20
Ref to Outpatient/Same Day Access incl SSP	34
Ref To Private Provider incl Safety Support Plan (SSP)	114
Ref to PATH	2
Ref to Voluntary Inpatient	178
Refused Services	222
Temporary Detention Orders (TDOs)	16
Unable to Locate	83
Total MCRT Calls 11/06/18 - 9/30/20	1117

MOBILE CO-RESPONSE TEAM

11/06/2018 - 9/30/2020

- Arrests
- Community Based Crisis Stabilization
- Medical Admission
- Ref to ID/REACH
- Ref to PATH
- Temporary Detention Orders (TDOs)
- Cleared before Arrival
- Crisis Stabilization
- Ref to Housing Resource Center incl SSP
- Ref to Outpatient/Same Day Access incl SSP
- Ref to Voluntary Inpatient
- Unable to Locate
- Cleared on Scene
- Emergency Custody Orders (ECOs)
- Ref to Emergency Department
- Ref To Private Provider incl Safety Support Plan (SSP)
- Refused Services



2019 Advancements



EMS will join the Co-Responder Team



Complete medical screening, medical assessment and medical clearance in the field

Determine medical eligibility for direct transport to CIT assessment center.

If transport to ER required, request transport unit and manage patient care to ER



Expand Hours of Coverage



1000-2300 hours
Mon- Fri

2020 Advancements

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- ▶ 2020 Received the Law Enforcement Executive of the Year Award from CIT International
- ▶ Mobile Crisis Stabilization
 - ▶ This is a partnership between Human services and Police department to provide follow-up on individuals to ensure
- ▶ The VBDHS Community-Based Crisis Stabilization program provides direct Mental Health care to adult individuals experiencing an acute psychiatric crisis that may jeopardize their current community living situations. The goals of the program are to do the following:
 - ▶ Avert hospitalization or re-hospitalization
 - ▶ Provide a normative environment with a high assurance of safety and security
 - ▶ Stabilize individuals in a psychiatric crisis
 - ▶ Mobilizes the resources of the community and natural support systems for ongoing maintenance and rehabilitation.

Goals

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Bridge	Bridge the gap between mental health and law enforcement
Assist	Assist law enforcement with difficult mental health related calls
Help	Help prevent and divert a situation from escalating into a crime and a citizen going to jail, when what they need is mental health treatment
Identify and assist	Identify and assist individuals and families that are in need of mental health services in the community
Reduce	Reduce repeated calls for service to same individuals
Increase	Increase officer safety
Provide	Provide the right intervention at the right time
Enhance	Enhance the level and availability of services provided in each community



Partnership
and
collaboration
are keys to
success

- ▶ All that we have accomplished and what we will continue to accomplish moving forward could not be done without strong partnerships with Key stakeholders on these important issues.

Introduction to Emergency Services: Who We Are

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ES Crisis Clinicians: TL Jill Wood (L),
Samantha LaPlante (C), Daniel Darrach (R)

Emergency Services Mission Statement

Virginia Beach DHS BHDS Emergency Services is dedicated to community safety and provides 24-hour per day assessment and intervention for citizens of all ages experiencing crisis, including those who are at substantial risk of harm to self or others due to mental illness, substance abuse, and/or intellectual disabilities, while maintaining an environment of dignity and respect.

Individuals seeking crisis services can be seen for a same day crisis assessment by an ES crisis counselor who is certified by the Virginia Department of Behavioral Health and Developmental Services (DBHDS) as a Preadmission Screening Clinician.

24/7 Crisis Line
757-385-0888

Emergency Services Crisis Line

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When a person is experiencing a mental health crisis and may require crisis stabilization or hospitalization, individuals can call the **24/7 Crisis Line at 385-0888**.

Calls frequently come from:

- Individuals in crisis (self-referral)
 - Human Services (Child Protective Services, Adult Protective Services, BHDS Services)
 - Family members
 - Neighbors, employers, concerned citizens
 - Hospitals
 - Magistrates
 - Virginia Beach Police Department
 - Sheriff's Office – VB Correctional Center
- Anyone can call ES for information on how to receive help in a mental health crisis.



ES Crisis Clinician-Samantha LaPlante

Highest Call Volume

- Tuesday
- 8:00am-4:00pm

Crisis Calls

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- Individuals who call the crisis line will be connected with an ES Clinician.
- Clinicians will ask questions such as:
 - Who is the individual?
 - What is the nature of the crisis?
 - Where is the person currently located?
 - Are they suicidal or homicidal?
 - Does the individual have access to weapons?
- Witnesses to high risk behavior will be asked to complete a petition.
- If an individual is at risk, the magistrate may issue an Emergency Custody Order and police will transport the individual for an ES assessment.
- Individuals may be transported to the CIT Assessment Center or to an Emergency Department for medical clearance, when necessary.

Emergency Services Locations: Clinicians are Mobile & Site-Based

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Witchduck Annex, Suite 1A
258 Witchduck Road
Virginia Beach, VA 23462
Weekdays 8am to 5pm



CIT Assessment Center
Virginia Beach Psychiatric Center
1100 First Colonial Road
Virginia Beach, VA 2345
7 days a week, 24 hours a day

- Mobile assessments are provided at agencies, schools, hospitals, and some homes as deemed safe and appropriate
- ES Preadmission Screening Clinicians also respond to community calls as part of the Virginia Beach Mobile Co-Responder Team (MCRT)

Crisis Assessment

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- The crisis assessment is completed by a Certified Preadmission Screening Clinician
- The purpose of the assessment is to determine service needs of the individual in crisis
- The assessment includes questions related to the current situation, diagnosis, treatment history, strengths and supports
- Clinicians evaluate risk factors and protective factors
- Most assessments occur at the CIT Assessment Center and Emergency Departments
- The amount of time an assessment takes depends upon the individual's situation, clinical presentation and ability to participate in the evaluation – it can range from 15 minutes to one hour.
- Clinicians may also obtain relevant collateral information from the referral source, family, treatment providers, etc.



CIT Assessment Center

Clinicians assess for the following:

- Psychiatric Hospitalization
- Crisis Stabilization
- Community Based Crisis Stabilization
- Short Term Crisis Counseling

Disposition and Treatment

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- Disposition following a crisis assessment may include:
 - Release from custody with a safety plan to follow up with outpatient services
 - Voluntary admission to a CSU or inpatient psychiatric hospitalization
 - TDO to a local or state psychiatric hospital
- If a TDO is supported, then an inpatient psychiatric bed must be located within 8 hours if an individual is under police custody
- In the state of Virginia the accepting physician must agree that the individual is medically cleared in order for the person to be accepted at a TDO facility
- Virginia Code requires that the petitioner be notified of the ECO outcome and the civil commitment hearing information

2019-2020 ES Data	
Assessments	2,535
TDOs	1,265
ECOs	1,057 Total 372 (35%) Magistrate Issued 685 (65%) Non-Judicial

Other Crisis Services

▶ **Community-Based Crisis Stabilization**

- Intensive short-term mental health care provided to non-hospitalized adult individuals experiencing an acute psychiatric crisis
- The goal is to stabilize individuals in crisis with ongoing services, thereby averting hospitalization or re-hospitalization
- Services provide a high assurance of safety and security in the least restrictive environment and mobilize community resources

▶ **Residential Crisis Stabilization**

Crisis stabilization units (CSUs) are residential facilities that provide treatment for people in crisis who cannot achieve stabilization in an outpatient setting, but do not require the restrictions of inpatient hospitalization

- Pathways CSU- Virginia Beach
- Tidewater Drive CSU-Norfolk-Currently Offline
- Regional CSU-Hampton

Available Services provide Alternatives to Incarceration

- ▶ CIT Assessment Center
- ▶ Emergency Services-24/7
- ▶ Mobile Co-Responder Unit (MCRT)
- ▶ Crisis Intervention-Short Term Crisis Counseling
- ▶ Community/ Ambulatory Crisis Stabilization
- ▶ Residential Crisis Stabilization-Pathways
- ▶ Peer Recovery Services
- ▶ Psychiatric Evaluation
- ▶ Medication Management
- ▶ Inpatient Hospitalization
- ▶ Outpatient Therapy, including Alcohol and Substance Use counseling
- ▶ Case Management
- ▶ Psychosocial Rehabilitation: Beach House
- ▶ Housing Resource Center
- ▶ Supportive Residential Placement
- ▶ Adult Foster Care
- ▶ Permanent Supported Housing

VBDHS Adult Services Adult Protective Services (APS)

- ▶ The Virginia Beach Department of Human Services - Social Services Division receives reports and conducts investigations to determine the need for protective services and provides or arranges for services needed to adults 60 years or older and incapacitated adults 18 or older
- ▶ This services also includes the provision of case management to alleviate the risk of abuse, neglect or exploitation
- ▶ If appropriate and available, APS may include the provision of arrangement for home-based care, transpiration, adult day services, meal services, legal proceedings and other activities to protect the adult
- ▶ In Virginia Beach, the APS Unit is located at the Witchduck Annex, 256/258 N. Witchduck Rd, VB, 23462
 - ▶ Reports may be made Monday through Friday, between 8:30 a.m. and 5 p.m.
To make an APS report, contact the APS hotline: (757) 385-3550
 - ▶ After hours or on the weekends please use the Virginia state hotline: 1-888-83ADULT (1-888-832-3858)

VBDHS Adult Services

Adult Foster Care

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The Adult Foster Care Program is designed for individuals who require supportive services to live in the community

- ▶ Persons placed in the Adult Foster Care homes have needs which range from geriatric, mental health, mental retardation, and young adults with lifelong disabilities who were former foster care children, all of whom desire a comfortable home environment with extra support for caring providers
- ▶ In addition, there are two specific programs designed to meet the needs of low income or disabled citizens of Virginia Beach who need either in-home or placement in a facility:
 - Companion Services: services may be provided to adults who are unable to care for themselves due to physical or mental limitations. Supplemental Security Income (SSI) recipients and certain other low-income persons may receive in-home care and light housekeeping services

These services are provided by a licensed agency, under a contractual arrangement with Virginia Department of Social Services

- Recipients must live in Virginia Beach
 - Facility Placement: an assessment must be completed to determine appropriate level of care
- Determination is made by a screening team comprised of Adult & Family Services and Virginia Beach Department of Public Health Staff
- If nursing home level of care is needed, an array of options may be available including day programs, personal care and nursing home placement

Senior Services of Southeastern Virginia-SSSEVA

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- ▶ Medicare Benefits Counseling
- ▶ Options Counseling
- ▶ Caregiver Specialist
- ▶ Care Transition Coaches
- ▶ I-Ride Transit
- ▶ Senior Center Congregate Meals
- ▶ Meals on Wheels
- ▶ Wellness Programs
- ▶ Senior Companion Program
- ▶ Senior Advocate Ombudsman
- ▶ Personal Care Program
- ▶ Homemaker Program
- ▶ Senior Cool Program
- ▶ Veterans Services

Leaning Forward

- ▶ Single Point Access
 - ▶ All services to include screenings in one location to treat whatever the individual in need of services may be dealing with.

Contacts

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- ▶ Sgt. James Gordon- 757-385-5020
jjgordon@vbgov.com
- ▶ Cheryl St. John – Emergency Services Supervisor -
385-0888
 - ▶ CStJohn@vbgov.com