

My name is Steven Eisenstein, MD. I graduated from the University of Chicago Medical School and got my psychiatric specialty from the University of North Carolina. I became nationally boarded in psychiatry with a geriatric subspecialty qualification.

I have always chosen psychiatric positions where I can assess the clients in a holistic and comprehensive fashion. I have served a broad spectrum of individuals. I fell in love with treating people with developmental disabilities that also have severe mental illness. I worked for 13 years at Central Virginia Training Center learning a lot of important details by seeing my clients on a regular basis for years on end. With that knowledge I opened a psychiatric clinic for people with developmental disabilities while at CVTC and since it closed I have continued with that practice via Horizon Behavioral Health in Amherst VA. I am a father of three, now all grown. I spend my free time as a writer and philanthropist.