



## WEEKLY E-MAILING

October 12, 2022

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## **Helpful Links**

### **ACL News & Information**

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

### **ADvancing States (NASUAD) Information**

Here is a link to state technical assistance from ADvancing States:

<http://www.advancingstates.org/state-technical-assistance/enhancedtechnical-assistance>

## **DARS Community Assessment Survey for Older Adults**

*Charlotte Arbogast, MS, Policy Analyst*

### **DARS Partners:**

#### **WE NEED YOUR HELP!**

The Virginia Department for Aging and Rehabilitative Services (DARS) has contracted with Polco to seek the public's insight on The Community Assessment Survey for Older Adults, also called CASOA™.

CASOA™ will inform the development of the next State Plan for Aging Services, which guides the Commonwealth's implementation of Older Americans Act programs and services and seeks to coordinate a statewide response to meet the needs of older Virginians.

DARS completed the random selection phase of the CASOA™ earlier this fall.

**DARS now encourages all Virginians who are age 60 and older to respond to the online open participation version of the survey between October 13-27, 2022. Older Virginians who wish to participate in the survey should visit <https://polco.us/va2022> between October 13-27, 2022. Please note the survey will open on October 13.**

Individuals will start the survey by identifying the City or County in which they reside. The online survey is available in Arabic, English, Korean, Spanish and Vietnamese.

In implementing the survey, Polco is committed to a strict privacy policy--they only share anonymous, combined results. Participants' individual data and responses are never shared.

**DARS would like to encourage its network of 25 Area Agencies on Aging (AAAs) as well as all state and community partners serving older adults to share the open participation survey link with their networks.**

**To assist with promoting the survey, DARS has prepared a Toolkit with: flyers, social media posts and messages, sample newsletter, press release, and QR code.**

**The Toolkit items can be found here: <https://sharepoint.wvrc.net/vdaBoards/council/Aging%20Survey%20Toolkit/Forms/AllItems.aspx>.**

For more information about the CASOA™, please contact DARS at 804-662-9310.

For questions about the Toolkit, please contact the DARS Communications Director, Betsy Civilette at 804-662-7532 or [betsy.civilette@dars.virginia.gov](mailto:betsy.civilette@dars.virginia.gov).

For questions about the State Plan for Aging Services, contact Charlotte Arbogast at 804-662-7093 or [charlotte.arbogast@dars.virginia.gov](mailto:charlotte.arbogast@dars.virginia.gov).

Thanks!

Charlotte



### **ACL Releases Older Americans Act Program Highlights**

The Administration for Community Living (ACL) released its first comprehensive report on the accomplishment of Older Americans Act (OAA) Title III, VI, and VII programs.

Enacted in 1965, the OAA created the foundation for a comprehensive system of services and supports that enables millions of older adults in this country to continue to live independently as they age. Today, programs funded by the OAA provide essential services to older adults, targeting those with the greatest economic or social need, particularly low-income and minority persons, older individuals with limited English proficiency, and older persons living in rural areas. The programs play a vital role in helping to maintain the health and well-being of millions of seniors and their caregivers, reaching one in five older adults.

The report provides an overview of the history of the OAA; the purpose and services of the Title III, VI, and VII programs; and summarizes accomplishments and results for each of the programs using 2020 data. Through visuals and graphics, the report shows the immense value the programs have for reaching millions of older adults and providing much needed services and support in their communities.

Stakeholders can download the full report or can download results for specific programs:

- [Full Report](#)
- [Title III module](#)
- [Title VI module](#)
- [Title VII module](#)

ACL encourages friends, colleagues, older adults, families, caregivers, advocates, community leaders, and experts in the aging field to keep the

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conversation going about our nation's older adults by sharing this report that improves the visibility and awareness of OAA program services.

For questions, email [Amanda Cash](#).

[View the reports](#)

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**Webinar: Referrals and Interventions for Older Adults with  
Food Insecurity**  
Thursday, October 20, 2022 | 3-4 PM ET

Join ACL's Office of Nutrition and Health Promotion Programs (ONHPP) for an upcoming webinar as part of their Food Insecurity Education Series: Referrals and Interventions for Older Adults with Food Insecurity. When older adults are experiencing food insecurity, referring them to the proper services and other community-based organizations is vital. This webinar will explore referring practices within the Older Americans Act and other organizations, as well as explain "warm handoff" referral engagement.

Presenters:

- Kathryn Tucker, MS, RDN, LD, Contractor, ACL
- Jennifer Raymond, JD, MBA, Chief Strategy Officer, AgeSpan

[Register for the webinar](#)

This webinar is part of ONHPP's older adult food insecurity education series. [Find materials from past events:](#)

- Identifying and Screening for Food Insecurity
  - SUA Promising Practices: Combating Food Insecurity
  - Combating Food Insecurity with Collaboration
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# Medicare.gov

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## What's new this Open Enrollment if you take insulin

Open Enrollment is almost here! Remember, you can [preview plans now](#), and make any changes starting October 15.

Trying to decide whether to stay on your current plan or choose a new plan for next year? Even if you're happy with your current plan, it's important to check for any changes next year, and compare with other available plan options. You may even find plans that save you money!

[Preview Plans](#)

**New for people with Medicare taking insulin:** Starting January 1, 2023, plans can't charge you more than \$35 for a one-month supply of each Medicare Part D-covered insulin you take, and can't charge you a deductible for insulin. If you get a 60- or 90-day supply of insulin, your costs can't be more than \$35 for each month's supply of each covered insulin. Learn more about the changes to [insulin costs](#).

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**Link to DARS Independent Living Monthly Newsletter**

*Kevin Koziol, Director of Independent Living*

The current issue of IL Impact is available here:

<https://myemail.constantcontact.com/IL-Impact-Newsletter.html?soid=1134646283912&aid=gLre4ZwuqA0>