



**WEEKLY E-MAILING**  
**January 10, 2023**  
**Table of Contents**

**[Helpful Links](#)**

**[Annual Update on Aging January 25, 2023](#)**

**[Older Americans Month 2023: \*Aging Unbound\*](#)**

**[Funding Opportunity: Virginia Center on Aging ARDRAF](#)**

**[Virtual Dementia Friends Training](#)**

## **Helpful Links**

### **ACL News & Information**

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

### **ADvancing States (NASUAD) Information**

Here is a link to state technical assistance from ADvancing States:

<http://www.advancingstates.org/state-technical-assistance/enhancedtechnical-assistance>

## Annual Update on Aging in Virginia

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# VCU

Virginia Center on Aging  
College of Health Professions



**DARS**  
VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES

# Annual Update on Aging in Virginia

Wednesday, January 25, 2023, 9:00 a.m. - 10:15 a.m. (virtual)

The Virginia Center on Aging and the Virginia Department for Aging and Rehabilitative Services are pleased to invite you to the Annual Update on Aging, formerly known as VCoA's *Legislative Breakfast*. We're excited to share our work and demonstrate how it advances the health, well-being and equity for the elders of today and tomorrow. We hope you'll join us and our efforts to make the Commonwealth a place where people thrive at every age.

We look forward to this opportunity to “see” our colleagues from across the Commonwealth at this virtual event.

[Register](#)

To view this email as a web page, go [here](#).



Older Americans Month 2023  
*Aging Unbound*

Every May, ACL leads the nation's observance of Older Americans Month (OAM). In 2023, ACL has chosen the theme, *Aging Unbound*. With this theme, we will have the opportunity to explore an array of aging experiences without being boxed in by expectations and stereotypes.

We'll be discussing the positive aspects of growing older, why everyone has a role to play in combating ageism – and how we all benefit when older adults remain engaged, independent, and included in their communities.



The 2023 logos are available now. Stay tuned for a poster, social media graphics, and more that you can use to celebrate OAM in your community. Don't forget to follow #OlderAmericansMonth for the latest from ACL, and to see what others are planning!

[acl.gov/oam](https://acl.gov/oam)



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Commonwealth of Virginia  
**ARDRAF**  
Alzheimer's and Related Diseases Research Award Fund

## Request for Proposals

**Purpose:** The Commonwealth of Virginia established the Award Fund in 1982 to promote research into Alzheimer's and related diseases. Because of a commitment to program balance, the Fund encourages scientifically rigorous applications from a broad spectrum of disciplines. Studies may involve:

- the underlying causes, epidemiology, diagnosis, or treatment of Alzheimer's and related diseases;
- policies, programs, and financing for care and support of those affected by Alzheimer's and related diseases;
- or the social and psychological impacts of Alzheimer's and related diseases upon the individual, family, and community.

**Funding:** The size of awards varies, but is limited to \$45,000 each. The number of awards is contingent upon available funds.

**Eligibility:** Applicants must be affiliated with colleges or universities, research institutes, or other not-for-profit organizations located in Virginia. The Fund encourages partnerships between community-based agencies/facilities and academic

institutions in Virginia.

**Schedule:**

- **Letter of Intent:** By February 2, 2023, prospective applicants are required to submit a non-binding letter of intent that includes a descriptive project title, contact information for the principal investigator, the identities of other key personnel and participating institutions, a non-technical abstract, the specific aims, and 4-5 sentence description of the project in common, everyday language for press release purposes. Letters on letterhead with a signature affixed must be uploaded to [go.vcu.edu/ardraf-loi](https://go.vcu.edu/ardraf-loi). Potential applicants will be contacted if LOIs are deemed inappropriate.
- **Applications:** Applications emailed on or before the due date will be accepted through 5 pm on March 2, 2023. NOTE: there were significant changes to application requirements in 2018.
- **Announcement of Awards:** Award decisions will be announced by June 20, 2023.
- **Funding Period:** The funding period begins July 1, 2023, and projects must be completed by June 30, 2024.

**Review:** Three qualified technical reviewers, one of whom is identified by the applicant, will review proposals for scientific merit. The Awards Committee will make the final funding decision.

**Application:** Application forms, guidelines, and further information may be found at [go.vcu.edu/ardraf](https://go.vcu.edu/ardraf) or by contacting the Award Fund administrator:

Constance L. Coogle, Ph.D.

Phone: (804) 828-1525

Email: [ccoogle@vcu.edu](mailto:ccoogle@vcu.edu)

## **TRAINING OPPORTUNITY—Become a Dementia Friends Champion!**



**Dementia Friends Virginia is pleased to offer a FREE Dementia Friends Champion training on Monday, January 30 via Zoom from 1-3:30pm.**

**Registration is required—click [here](#) or visit [https://leadingagevirginia.org/mpage/DFVA\\_ChampTrain](https://leadingagevirginia.org/mpage/DFVA_ChampTrain).**

Dementia Friends Champions help the community become more dementia aware by leading 60-minute engaging and interactive Dementia Friends information sessions. You do not need to be a Dementia Friend to join the Champion training.

Help people in your community learn

- Basic information about dementia
- Five key messages about dementia
- Insights into living with dementia
- Communication tips and strategies

And support people in choosing a big or small **dementia-friendly** action they can take themselves.

Call 804.662.9154 or email [george.worthington@dars.virginia.gov](mailto:george.worthington@dars.virginia.gov) for more information.