



WEEKLY E-MAILING

August 15, 2023

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Helpful Links

ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<https://acl.gov/>

ADvancing States (NASUAD) Information

Here is a link to state technical assistance from ADvancing States:

<http://www.advancingstates.org/state-technical-assistance/enhancedtechnical-assistance>

Deputy Commissioner for Aging Services

Kathryn Hayfield, Commissioner

Are you passionate about improving the lives of #olderadults? DARS seeks an experienced leader to direct the new Division for Aging Services. Located in #RVA this position will lead and elevate #agingservices to meet community needs. Apply at <https://bit.ly/43u2mMc>



[Deputy Commissioner for Aging Services - #ARS01083 - Henrico, Virginia, United States](#)

Title: Deputy Commissioner for Aging Services - #ARS01083 **Hiring Range:** Commensurate with experience **Pay Band:** 7 **Agency:** Dept for Aging & Rehab Svcs **Location:** Aging & Rehab Svcs Agency
Website: <https://www.dars.virginia.gov>
Recruitment Type: General Public - G Are you passionate about improving the lives of older adults in Virginia? DARS seeks an experienced leader to direct the new Division for Aging Services. This role will manage our aging services team, oversee state and federally funded grants and programs and overall elevate aging services to meet community needs. **Job Duties:** "Previous applicants need not reapply" The Division for Aging Services within...

[bit.ly](https://bit.ly/43u2mMc)

Consumer Financial Protection Bureau Guides on Housing & Home Equity

As the Baby Boomer generation ages, the average age of homeowners trends older as well. Unlike the generation before them, many baby boomers are retiring with greater amounts of debt, without pensions, and without sufficient savings. For many older adults, their home is their largest source of wealth. They may need to tap into that source of wealth to pay for their living expenses in retirement and ultimately, their long-term care. So how can older adults utilize their home equity to cover expenses and protect this source of wealth as they age?

The Consumer Financial Protection Bureau (CFPB) developed the following four “just in time” guides to assist older adults in navigating this question.

- **Loss of a spouse/partner:** Losing a spouse or partner can affect every aspect of a person’s life, including housing. This guide helps homeowners consider their options and determine whether staying in their current home makes the most sense.
- **How to navigate a change in health:** Whether a homeowner is currently going through a medical crisis or facing one, it is important for them to consider housing options that provide care and support. This guide helps homeowners assess their needs, navigate available housing options, and gives them the confidence to make the right decision for their situation.
- **How to leave home to children/heirs:** Many homeowners want to hand down their home to their children or other heirs when they die. Planning ahead can simplify the process, lessen costs, and potentially decrease family conflicts. This guide helps homeowners evaluate the different ways to pass down their home and discusses benefits and risks.
- **Using home equity to meet financial needs:** Owning a home is most people’s greatest asset and can be a resource for greater financial security. This guide describes the benefits and risks associated with financial products that the homeowner may use to meet retirement shortfalls, pay for long-term supports and services, and age in place.

[The guides are available to download](#) in English and will soon be available in eight other languages.

AARP: 9.4 Million Adults Ages 50 and Older Faced Food Insecurity in 2021

Charlotte Arbogast, MS, Senior Policy Analyst

AARP recently released a fact sheet describing the prevalence of food insecurity among adults aged 50 and older in 2021. The fact sheet reveals that over 9 million Americans in this age group (approximately eight percent) experienced limited or uncertain access to nutritious food. Moreover, this fact sheet highlights the impact of food insecurity on the health of older adults, showing a higher prevalence of health conditions like diabetes, high blood pressure, congestive heart failure, asthma, and depression among food-insecure individuals. The report also explores important variations in food insecurity based on demographic factors such as age, race, ethnicity, income, and educational attainment.

[Click here](#) to view the fact sheet.